



Hot Food

Mini Pie (lite)	\$	1.25	Meat Pie (LF)	\$	4.50
Sausage Roll (LF)	\$	3.00	SOS Burger	\$	3.80
Hot dog & sauce	\$	3.50	Junior Burger	\$	3.80
½ Hot Dog	\$	1.80	Chicken Nuggets	\$	0.80
Lasagne	\$	3.60	Mini Dagwood Dog	\$	2.50
Mini Pizza Ham & Pineapple	\$	2.50	Chicken Wrap	\$	3.80
Vegetarian Hot dog & sauce	\$	3.50	Tomato/ BBQ sauce sachets	\$	0.50
			Vegetarian Pie	\$	5.50

White / Wholemeal / Multigrain Bread

Egg	\$	3.00			
Egg/Lettuce/Mayo	\$	3.50	Rolls & Salads		
Salad	\$	4.00	Salad roll	\$	4.50
Ham	\$	3.00	Lavash (Ham/Chicken)	\$	4.50
Ham & cheese	\$	3.50	Salad Box	\$	4.00
Ham cheese tom	\$	3.80	Ham/Salad Box	\$	5.00
Chicken & salad	\$	4.80	Chicken/Salad Box	\$	5.00
Ham & salad	\$	4.80			
Cheese	\$	2.50	Cakes Biscuits Snacks		

Drinks

Breaka Choc 300ml	\$	3.00	Choc chip Muffin	\$	2.30
Breaka Straw 300ml	\$	3.00	Cheese Stick (lite)	\$	1.20
Vanilla Drink 300ml	\$	3.00	Gingerbread	\$	2.30
Plain Milk 300ml	\$	1.50	Choc Chip Cookies	\$	1.50
Bottle Water	\$	1.70	Jelly & Custard Cup	\$	1.50
Slushies- (99% fruit juice vita base)			Jelly Cup (Strawberry)	\$	1.30
lime strawberry raspberry	\$	2.50	Frozen Yoghurt	\$	2.50

Fruit Juice (99%)

Apple 350ml	\$	2.80	Soy Honey	\$	1.30
Apple/Bl.Currant 350ml	\$	2.80	Grain Wave	\$	1.30
Tropical 250ml	\$	2.10	Smith's Plain	\$	1.30
Orange 250ml	\$	2.10			

Ice Blocks

Zooper Dooper	\$	1.00	Gluten Free Options (GF)		
Icy Twist - Lemonade	\$	1.80	Salad Box	\$	4.00
Callipo Mini (Small)	\$	1.10	Chicken Salad Box	\$	5.00
Paddle-Pop Choc & Rainbow	\$2.35		Hot Dogs (nil bun)	\$	1.50
Cyclone	\$	3.00	Meat Pie GF	\$	5.50
Slushies- (99% fruit juice vita base)			Sausage Roll GF	\$	5.50
lime strawberry raspberry	\$	2.50	Jelly (Strawberry)	\$	1.30
			Quiche GF	\$	5.50

Smart Choices - What the colour coding signifies

Green-These foods should be encouraged and are the best choices for a healthy diet.

Amber- These foods should be selected carefully and chosen occasionally

Red- These foods are higher in fat/ or sugar and should be limited to very occasional choices

(As per QLD government guidelines.)

LF Low Fat

GF Gluten Free

(For more information, visit www.health.qld.gov.au)

